

# Amplite™ Fluorimetric L-Lactate Dehydrogenase (LDH) Assay Kit

Catalog number: 13812 Unit size: 200 Tests

Component	Storage	Amount
Component A: Enzyme Probe	Freeze (<-15 °C), Minimize light exposure	1 bottle (lyophilized powder)
Component B: Assay Buffer	Freeze (<-15 °C)	1 bottle (10 mL)
Component C: NAD	Freeze (<-15 °C), Minimize light exposure	1 vial
Component D: L-LDH	Freeze (<-15 °C), Minimize light exposure	10 U/vial

#### **OVERVIEW**

Lactate dehydrogenase (LDH) is an oxidoreductase enzyme that catalyzes the interconversion of pyruvate and lactate. LDH is present in cytosol of a wide variety of organisms, including animals and plants. Cells release LDH into the bloodstream after tissue damage or red blood cell hemolysis. Since LDH is a fairly stable enzyme, it has been widely used to evaluate the presence of damage and toxicity of tissue and cells. Quantification of LDH has a broad range of applications. LDH is also elevated in certain pathological conditions such as cancer. This Amplite™ Lactate Dehydrogenase Assay Kit provides a fluorescence-based method for detecting L-lactate dehydrogenase (L-LDH) in biological samples such as serum, plasma, urine, as well as in cell culture samples. In the enzyme coupled assay, LDH is proportionally related to the concentration of NADH that is specifically monitored by a fluorogenic NADH sensor. This assay is specific for L-LDH. The fluorescence signal can be read by a fluorescence microplate reader. With this fluorimetric Amplite™ L-lactate Dehydrogenase Assay Kit, we were able to detect as little as 1 mU/mL L-lactate dehydrogenase in a 100 µL reaction volume.

# AT A GLANCE

#### **Protocol summary**

- 1. Prepare L-lactate dehydrogenase working solution (50  $\mu\text{L})$
- 2. Add L-lactate dehydrogenase standards or test samples (50  $\mu$ L)
- 3. Incubate at room temperature for 30 minutes 2 hours
- 4. Monitor fluorescence increase at Ex/Em = 540/590 nm

**Important** Thaw one of each kit component at room temperature before starting the experiment.

# **KEY PARAMETERS**

Instrument: Fluorescence microplate reader

Excitation: 540 nm
Emission: 590 nm
Cutoff: 570 nm
Recommended plate: Solid black

Instrument: Absorbance microplate reader

Absorbance: 575/605 nm Recommended plate: Solid white

# PREPARATION OF STOCK SOLUTIONS

Unless otherwise noted, all unused stock solutions should be divided into single-use aliquots and stored at -20 °C after preparation. Avoid repeated freeze-thaw cycles.

1. NAD stock solution (100X):

Add 100  $\mu L$  of  $H_2O$  into the vial of NAD (Component C) to make 100X NAD stock solution.

2. L-LDH standard solution (100 U/mL):

Add 100  $\mu$ L of H $_2$ O or 1X PBS buffer into the vial of L-LDH standard (Component D) to make 100 U/mL L-LDH standard solution.

#### PREPARATION OF STANDARD SOLUTION

#### L-LDH standard

For convenience, use the Serial Dilution Planner: <a href="https://www.aatbio.com/tools/serial-dilution/13812">https://www.aatbio.com/tools/serial-dilution/13812</a>

Add 10  $\mu$ L of L-LDH standard solution into 990  $\mu$ L 1X PBS buffer to generate 1000 mU/mL L-LDH standard solution. Take 1000 mU/mL L-LDH standard solution to perform 1:3 serial dilutions to get serial dilutions of L-LDH standard (L-LDH1 - L-LDH7).

**Note** Diluted L-LDH standard solution is unstable, and should be used within 4 hours

#### PREPARATION OF WORKING SOLUTION

1. Add 10 mL of Assay Buffer (Component B) into the bottle of Enzyme Probe (Component A) to have enzyme probe mixture.

**Note** This enzyme probe mixture is enough for two 96-well plates.

2. Add 50  $\mu L$  NAD stock solution (100X) into 5 mL of enzyme probe mixture, and mix well.

**Note** This L-LDH working solution is not stable, and should be used promptly.

#### SAMPLE EXPERIMENTAL PROTOCOL

**Table 1.** Layout of L-LDH standards and test samples in a solid black 96-well microplate. L-LDH = L-LDH standard (L-LDH1 - L-LDH7, 0.3 to 300 mU/mL); BL = blank control; TS = test sample.

BL	BL	TS	TS
L-LDH1	L-LDH1		
L-LDH2	L-LDH2		
L-LDH3	L-LDH3		
L-LDH4	L-LDH4	L-LDH4	
L-LDH5	L-LDH5		
L-LDH6	L-LDH6		
L-LDH7	L-LDH7		

Table 2. Reagent composition for each well.

Well	Volume	Reagent
L-LDH1 - L-LDH7	50 μL	Serial Dilution (0.3 to 300 mU/mL)
BL	50 μL	Dilution Buffer
TS	50 μL	Test Sample

- 1. Prepare L-LDH standards (L-LDH), blank controls (BL), and test samples (TS) according to the layout provided in Table 1 and Table 2. For a 384-well plate, use 25  $\mu$ L of reagent per well instead of 50  $\mu$ L.
- 2. Add 50  $\mu$ L of L-LDH working solution to each well of L-LDH standard, blank control, and test samples to make the total assay volume of 100  $\mu$ L/well. For a 384-well plate, add 25  $\mu$ L of working solution into each well isntead, for a total volume of 50  $\mu$ L/well.
- 3. Incubate the reaction at room temperature for 30 minutes to 2 hours, protected from light.
- Monitor the fluorescence increase with a fluorescence plate reader at Excitation = 530 - 570 nm, Emission = 590 - 600 nm (optimal Ex/Em = 540/590 nm, cut off at 570 nm).

**Note** The contents of the plate can also be transferred to a white/clear bottom plate and read by absorbance microplate reader at the ratio of  $A_{575nm}/A_{605nm}$ . However, the absorption detection will have a lower sensitivity compared to that of the fluorescence reading.

### **EXAMPLE DATA ANALYSIS AND FIGURES**

The reading (RFU) obtained from the blank standard well is used as a negative control. Subtract this value from the other standards' readings to obtain the baseline corrected values. Then, plot the standards' readings to obtain a standard curve and equation. This equation can be used to calculate L-Lactate Dehydrogenase samples. We recommend using the Online Linear Regression Calculator which can be found at:

https://www.aatbio.com/tools/linear-logarithmic-semi-log-regression-online-calculator

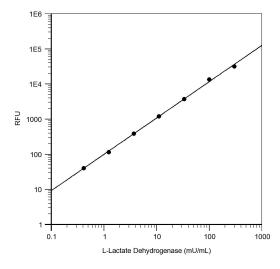


Figure 1. L-LDH dose response was measured with Amplite™ Fluorimetric L-Lactate Dehydrogenase Assay Kit in a 96-well solid black plate using a Gemini (Molecular Devices) microplate reader.

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